



# St. Thomas' CATHEDRAL

Mumbai • Estd 1718  
The Church of North India

*A member of the worldwide Anglican Communion*

## TEXT FOR THE DAY

*“For all those who exalt themselves will be humbled,  
and those who humble themselves will be exalted.”*

Luke 14:11

### ***Think of yourself less often***

C.S. Lewis once said, “True humility is not thinking less of yourself; it is thinking of yourself less.” One way to foster humility in your life is to stop thinking of yourself so much. Ann Landers once commented on this saying: “Don’t accept your dog’s admiration as conclusive evidence that you are wonderful.” (If you want a true measure of your worth, get a cat!) God does not call us into His Kingdom in order to set us up as kings, but as servants.

### ***Think of others more often***

The amazing thing is that once you stop thinking of yourself all the time your mind will begin to think more about others. It is the humble person who does not focus on what he does not have, but considers what others do not have. Pride says, “I want!” and humility says, “You need!” True humility thinks about others more often than oneself.

### ***Think of God most often***

True humility comes from confessing your sin and rebellion to God and asking Him to save you. True humility begins by going to the model of humility: Jesus Christ. Jesus will transform you from a self-absorbed person into a person who thinks of God most often.

# The Seventeenth Sunday after Trinity

Choral Eucharist † Sunday 1<sup>st</sup> October 2023 • 8.45 a.m.

## Welcome to St Thomas' Cathedral for this service

We are the mother church of the Diocese of Bombay in the Church of North India, a member of the worldwide Anglican Communion. Christian worship has been offered to God here for over 300 years. By worshipping with us today, you become part of that living tradition.

The basis for our worship is the *Book of Common Prayer*, our common liturgical heritage with Anglicans across the world (all churches descended from the Church of England). We are rooted in tradition but celebrate the richness and diversity of the Communion. Music and hymnody represent the best of the Anglican choral tradition.

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Follow the readings and the Order of Service for the Lord's Supper from *The Book of Common Prayer* (refer page numbers).

The hymns can be found in *Hymns Ancient & Modern New Standard*

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We kindly request that you do not take photographs, or video or sound recording in the cathedral at any time during services. You are welcome to take photographs at any other time.

You are encouraged to take this booklet home with you to reflect on the prayers and readings and as a reminder of your visit. If you do not intend to take this booklet with you, leave it in the box provided, so that it can be recycled.

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# Order of Service

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The congregation is asked to join in all text printed in **bold**.

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## *The Gathering*

### Voluntary

Intermezzo, *Op. 98 No. 4* ... .. Josef Rheinberger, 1839 - 1901

### Welcome

*All keep silence and prepare for worship.*

### Introit

*Sung by the choir*

How shall I sing that majesty  
which angels do admire?  
Let dust in dust and silence lie;  
sing, sing, ye heavenly choir.  
Thousands of thousands stand around  
thy throne, O God most high;  
ten thousand times ten thousand sound  
thy praise; but who am I?

Thy brightness unto them appears,  
whilst I thy footsteps trace;  
a sound of God comes to my ears,  
but they behold thy face.  
They sing, because thou art their Sun;  
Lord, send a beam on me;  
for where heaven is but once begun  
there alleluias be.

Words: John Mason (1646 - 1694)

Tune: COE FEN

Kenneth Nicholson Naylor (1931 - 1991)

*All stand and face the West Door.*

## Invitation to Worship

*The Presbyter* Come, let us worship our God,  
*All* **for there is one Lord, one faith, one baptism,**  
one God and Parent of all,  
who is above all and through all and in all.  
**We come with humility, gentleness, and patience,**  
**bearing with one another in love.**

*All sing* **The Entrance Hymn | # 105**  
**All creatures of our God and King** *omit v.v. \* 4 & 6*

*Tune: LASST UNS ERFREUEN*

*All say together* **The Collect for Purity | page 260**

## *The Liturgy of the Word*

**The Collect for the Day | page 490**

*Read by the Presbyter*

**The Old Testament Lesson | page 490**

*Proverbs 25:6 - 14*

A reading from the Book of Proverbs.

*At the end of the reading* This is the word of the Lord.

*All* **Thanks be to God.**

**Psalm**

*Sung by the choir to a chant by Helmore*

*119: 129 - 136*

*Mirabilia*

THY testimonies are wonderful : therefore doth my soul keep them.

<sup>130</sup>When thy word goeth forth : it giveth light and understanding unto the simple.

<sup>131</sup> I opened my mouth, and drew in my breath : for my delight was in thy commandments.

<sup>132</sup> O look thou upon me, and be merciful unto me : as thou usest to do unto those that love thy Name.

<sup>133</sup> Order my steps in thy word : and so shall no wickedness have dominion over me.

<sup>134</sup> O deliver me from the wrongful dealings of men : and so shall I keep thy commandments.

<sup>135</sup> Shew the light of thy countenance upon thy servant : and teach me thy statutes.

<sup>136</sup> Mine eyes gush out with water : because men keep not thy law.

*All stand*            Glory be to the Father, and to the Son,  
                                 And to the Holy Ghost;  
                                 As it was in the beginning, is now, and ever shall be:  
                                 World without end. Amen.

*All sit*

## The Epistle | **page 491**

*Ephesians 4:1 - 6*

A reading from the letter of Paul to the Ephesians.

*At the end of the reading* This is the word of the Lord.

**All Thanks be to God.**

*All stand and sing.*

## Gradual Hymn | **# 231**

**O for a closer walk with God**

*Tune: CAITHNESS*

*Remain standing for the Gospel  
as the cantor sings the Alleluia and we respond.*

## The Gospel of Christ | **page 491**

*St. Luke 14:1-11*

**Alleluia, alleluia, alleuia.**

Your words are spirit, Lord, And they are life:

You have the message of eternal life.

**Alleluia, alleluia, alleuia.**

*The Gospeller* The Lord be with you.  
*All* **And with thy spirit.**

Hear the Gospel of our Lord Jesus Christ according to Luke.  
**Glory be to thee, O Lord.**

*At the end of the Gospel:*

*The Gospeller* This is the Gospel of Jesus Christ.  
*All* **Praise be to thee, O Christ.**

*Remain standing for the Creed, all reciting together.*

## The Nicene Creed | page 265

*All sit*

Sermon  
The Reverend Avinash Rangayya

## The Liturgy of the Sacrament

*All stand*

The Peace

*The Celebrant offers a greeting of peace*

*Celebrant* Let the peace of Christ rule in your hearts,  
since as members of one body you are called to peace.  
*cf Colossians 3.15*

*All* The peace of the Lord be always with you.  
**and also with you.**

*Members of the congregation greet one another.  
Remain standing to sing the offertory hymn.*

*At this time the altar is set with the gifts of bread and wine and the  
gifts of the people are gathered and presented. Thank you for your generosity.*

See inside front cover for bank details to make your offering.

**Lord, whose love in humble service  
bore the weight of human need,  
who upon the cross, forsaken,  
worked your mercy's perfect deed:  
we, your servants, bring the worship  
not of voice alone, but heart;  
consecrating to your purpose  
every gift which you impart.**

**<sup>2</sup> Still your children wander homeless;  
still the hungry cry for bread;  
still the captives long for freedom;  
still in grief we mourn our dead.  
As you, Lord, in deep compassion  
healed the sick and freed the soul,  
by your Spirit send your power  
to our world to make it whole.**

**<sup>3</sup> As we worship, grant us vision,  
till your love's revealing light  
in its height and depth and greatness  
dawns upon our quickened sight,  
making known the needs and burdens  
your compassion bids us bear,  
stirring us to ardent service,  
your abundant life to share.**

**<sup>4</sup> Called by worship to your service,  
forth in your dear name we go,  
to the child, the youth, the aged,  
love in living deeds to show;  
hope and health, good will and comfort,  
counsel, aid and peace we give,  
that your servants, Lord, in freedom  
may your mercy know and live.**

*All say*

Offertory Prayer | **page 270**

*Kneel as able or remain seated*

The Intercession | **page 270**

The General Confession & Absolution | **page 275, 276**

The Consecration | **page 277**

The Communion | **page 284**

*Proceed to the High Altar for receiving Communion.*

*During the administration of Communion, while seated we sing.*

## Hymns

**# 215**

**Lead, kindly Light**

*Tune: LUX BENIGNA (ii tune)*

*On 2<sup>nd</sup> October we remember the Father of the Nation on his birth anniversary.*

*Cardinal Newman's popular hymn, "Lead, kindly Light", exerted a powerful influence upon Mahatma Gandhi's spirituality and India's struggle for independence.*

*The hymn was transmitted to Gandhi in Nonconformist circles in England and South Africa. "Lead, kindly Light" came to represent the spirit of his satyagraha campaigns.*

**# 456**

**For the bread which you have broken**

*Tune: OMNI DIE*

The Thanksgiving | **page 287**

*All stand and sing.*

Gloria in Excelsis | **page 288**



## The Blessing

### *The Presbyter*

Lord, help us find peace in this world,  
give us strength so that we can spread Your word  
and especially Your humbleness.

Help us lower our pride and uplift our kindness  
and willingness to preserve people's dignity  
by giving them what is just and what they deserve.  
This we pray, in Jesus' name.

**Amen.**

And the blessing of God almighty,  
† the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

### *All join in singing*

## Hymn at the Closing | # 198

### ***Ye holy angels bright***

*Tune: DARWALL'S 148<sup>th</sup>*

### *From the West Door the Presbyter says*

## The Dismissal

*Presbyter*

Go in peace to love and serve the Lord.

*All*

**In the name of Christ. Amen.**

## Music after the Service

Prelude on the tune, *Darwall's 148<sup>th</sup>*

("Ye holy angels bright") ... .. Percy Whitlock, 1903 - 1946

Please stay back after the service for a time of fellowship over a cup of coffee.  
Introduce yourself to the Presbyter if you are worshipping with us for the first time.

## Birthdays this Week

*“For we are God’s handiwork, created in Christ Jesus to do good works,  
which God prepared in advance for us to do.”*

Ephesians 2:10

Meghana Moses (1<sup>st</sup> October), Cyril James (1), Timothy Gladston (3),  
Arnold Pasgon (5), Rachel Baker (6), David Long (6),  
Monica Palukuri (7), Shoba Abraham (10)

## Notices

- A day-long retreat for the Cathedral congregation will be conducted tomorrow Monday October 2<sup>nd</sup> 2023 from 9 a.m. to 4 p.m. at the Bombay YMCA International House, Mumbai Central. The theme is, “*Revive us, O Lord.*” The retreat will be led by Mr. Vijay Thangiah. He served at Youth for Christ for over 40 years and retired in 2016 as National Director for India. You can register with any of the WFCS office bearers - Mrs. Jaisy Desai, Mrs. Nalina Sathia Raj, Revd Mrs. Arpana Rangayya, Mrs. Violet Truman. Rs. 800/- per person which includes breakfast, lunch and coffee/ tea.
- Parents are encouraged to get their children regularly to Sunday School as preparations for the Nativity play are about to begin.

### ***Patronal Festival***

**SAINT THOMAS the APOSTLE**  
*(which falls on 6<sup>th</sup> October)*

Festival Choral Eucharist 8.45 a.m.  
8<sup>th</sup> October 2023



### **HARVEST FESTIVAL**

Choral Eucharist 8.45 a.m.  
5<sup>th</sup> November 2023

*Come and patronise  
the food and games stalls.  
Give generously to fund  
the Cathedral’s ministries  
and outreach programmes.*

The feast of the patron saint or title of a church, school, religious order, or other organization. The custom of having a patron saint can be traced to the practice of building churches over the tombs of martyrs. Patron saints may be chosen for a variety of reasons. For example, a church that was founded on a saint's day might have that saint as patron. Some patron saints are associated with particular countries, regional or ethnic backgrounds, or forms of ministry. St. David is the patron saint of Wales, and St. Luke is the patron saint of physicians. The patronal festival is usually the feast of the church or organization's title, but in some cases the patron is not mentioned in the title of the church or organization. The feast of a church's patron or title may be observed on or transferred to a Sunday, taking precedence over the usual Sunday observance in the calendar of the church year. This substitution may not be made in the seasons of Advent, Lent, or Easter.

Our church was consecrated and named after St Thomas the Apostle. This takes on added significance as in 52 AD St Thomas came to India with the Gospel and founded the Church in India.

- 1676 Foundations laid by Gerald Aungier, the second Governor of Bombay
- 1718 The building completed and opened on Christmas Day
- 1816 The church dedicated to St. Thomas the Apostle by the first Anglican Bishop of the East Indies the Rt Revd Dr Middleton
- 1837 The See (Diocese) of Bombay founded 1<sup>st</sup> July and Archdeacon Thomas Carr appointed the first Bishop of Bombay
- 1907, 1921 Electric fans and lights installed
- 1926 The original processional cross returned to Ethiopia
- 1886 Fountain built to design by Sir George Gilbert Scott
- 2003 Major restoration and conservation work completed
- 2018 The Cathedral celebrates its tercentenary

**Cathedral ministries... ..***Get involved!*

- |                      |  |
|----------------------|--|
| • Sunday School      | Sunday morning during term time                                |
| • Women's Fellowship | 2 <sup>nd</sup> Sunday of the month 10.45 am                   |
| • Youth Fellowship   | 2 <sup>nd</sup> & 4 <sup>th</sup> Sunday of the month 10.45 am |
| • Choir              | Sunday 10.45 am and occasionally Saturday                      |

## Pray with us

† **THE WORLD** Our prayers are for all refugees to find sanctuary, especially the increased number arriving at the southern border of the United States • As Meta (formerly Facebook) presents new AI products for consumers, we pray that these will not become idols, but will be a pathway to wisdom and truth in our connections.

† **OUR COUNTRY** As a nation we give thanks for the life and leadership of Mahatma Gandhi as we commemorate his birth anniversary tomorrow. The teachings of Jesus (particularly the sermon on the mount) had a profound impact on the Mahatma • Pray for peace and goodwill between nations • We continue to pray for a return to normalcy in Manipur.

† **THE WORLDWIDE CHURCH** The 13<sup>th</sup> century monk and evangelist, St. Francis of Assisi is commemorated on 4<sup>th</sup> October. He founded the *Franciscan Order*, the *Order of St. Clare*, and the *Third Order of Saint Francis* for men and women not living monastic lives. Francis' love for animals is legendary. Heavenly Father, our human ties with our friends of other species is a wonderful and special gift from You. Give us a new understanding of our responsibilities to all creatures of Your creation • Saint Thomas the Apostle, patron of the Church in India is commemorated on 6<sup>th</sup> October. We give thanks for our patron after whom our Cathedral is named, that his doubt was turned to faith • For the Anglican Communion - The Anglican Church in Japan (The Nippon Sei Ko Kai) and the Right Reverend Luke Ken-ichi Muto.

† **THE CHURCH IN INDIA** The Diocese of Bhopal and the Right Reverend Manoj Charan • The Diocese of Kanyakumari and for the Right Reverend Anantha Raj Rayappan Chelliah • For the guidance of the Holy Spirit in the selection of the Moderator of the Church of South India.

† **THE DIOCESE OF BOMBAY** Hume Memorial Church and the Reverend Swapnil Uzagare • Our prayers continue for the guidance of the Holy Spirit to provide pastoral leadership to the Diocese of Bombay.

† **OUR CATHEDRAL** All senior citizens and those who are unwell. Pray for all care providers • This week - for the altar guild and lay readers.

### ST. THOMAS' CATHEDRAL

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Contact the Presbyter for pastoral visits and administering Communion to the house-bound.

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