



St. Thomas'
CATHEDRAL

*Mumbai • Estd 1718
The Church of North India*

A member of the worldwide Anglican Communion

The Order of Service *for Holy Eucharist*



Tell out, my soul, the greatness of the Lord!

Unnumbered blessings give my spirit voice;

Tender to me the promise of His Word;

In God my Saviour shall my heart rejoice.

Mothering Sunday

The Fourth Sunday of Lent

Sunday 19th March 2023 • 8.45 am

Welcome to St Thomas' Cathedral for this service

“As truly as God is Father, so just as truly is He our mother.”

~ Julian of Norwich (1342 - 1416)

For many years the Fourth Sunday in Lent has been observed as Mothering Sunday. The tradition arose from a sentence in St Paul's Letter to the Galatians, which for many centuries was read in the Epistle of this Sunday: in it St Paul writes of "Jerusalem which is above is free, which is the mother of us all". So, on this day we give thanks to God who gives us New Birth, and for the Church which, like a mother, nurtures us in the life of the Spirit. We also give thanks for our own human mothers, and for all the qualities of mothering, given and received in this congregation.

*Follow the readings and the Order of Service for the Lord's Supper in **The Book of Common Prayer** (refer page numbers).
The hymns can be found in **The English Hymnal**.*

Do not leave this service booklet behind. Take it home with you to reflect on the prayers and readings and as a reminder of your visit.



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Order of Service

The congregation is asked to join in all text printed in **bold**.

The Gathering

Voluntary

Chorale prelude on 'Martyrdom' ('As pants the hart') C. Hubert H. Parry (1848 - 1918)

Prelude and Fugue in F Major, BWV 556

Johann Sebastian Bach (1685 - 1750)

All keep silence and prepare for worship

Dedication of Chorister

The Presbyter addresses the chorister saying:

As a singer who lifts praise to God, do you joyfully and willingly offer your skills and training, devotion and sensitivity to this ministry?

Chorister: I do by the grace of God.

Will you honour those with whom you make music, and in faithfulness to Christ, offer your best for the glory of God?

Chorister: I will, God being my helper.

May God give you grace to offer your music and your life in faithfulness and consecration.

The chorister is presented with a surplice.

The Presbyter leads the chorister in the following prayer:

Bless, O Lord, us Thy servants
who minister in Thy temple.
Grant that what we sing with our lips,
we may believe in our hearts,
and what we believe in our hearts,
we may show forth in our lives.
Through Jesus Christ our Lord.
Amen.

The choristers sing

'Tis Jesus calls me on
To perfect faith and love,
To perfect hope, and peace, and trust,
For earth and heaven above.

*I am coming, Lord!
Coming now to Thee!
Wash me, cleanse me in the blood
That flowed on Calvary.*

L.Hartsough (1828 - 1919)

All sing

Hymn at the Procession | # 490

The King of love my Shepherd is

Tune: ST. COLUMBA

Please be seated

All say together

The Collect for Purity

**Almighty God,
unto whom all hearts be open,
all desires known,
and from whom no secrets are hid:
Cleanse the thoughts of our hearts
by the inspiration of Thy Holy Spirit,
that we may perfectly love Thee,
and worthily magnify Thy holy name;
through Christ our Lord.
Amen.**

While seated or kneeling, all sing

Kyrie eleison

**Lord have mercy.
Christ have mercy.
Lord have mercy.**

*The Salisbury Setting
by Ian Hubbard & Neil Cocking*

The Liturgy of the Word

The Collects for the Day | **Page 454 & Page 445**

Read by the Presbyter

Old Testament Reading | **page 455**

Exodus 16.2 - 7

A reading from the Book of Exodus.

At the end of the reading This is the word of the Lord.

All Thanks be to God.

Psalm

Sung by the choir to chants by Armes and Rimbault

Psalm 34: 11 - 20 • *Benedicam Domino*

¹¹ Come, ye children, and hearken unto me : I will teach you the fear of the Lord.

¹² What man is he that lusteth to live : and would fain see good days?

¹³ Keep thy tongue from evil : and thy lips, that they speak no guile.

¹⁴ Eschew evil, and do good : seek peace, and ensue it.

¹⁵ The eyes of the Lord are over the righteous : and his ears are open unto their prayers.

¹⁶ The countenance of the Lord is against them that do evil : to root out the remembrance of them from the earth.

¹⁷ The righteous cry, and the Lord heareth them: and delivereth them out of all their troubles.

¹⁸ The Lord is nigh unto them that are of a contrite heart : and will save such as be of an humble spirit.

¹⁹ Great are the troubles of the righteous : but the Lord delivereth him out of all.

²⁰ He keepeth all his bones : so that not one of them is broken.

All STAND *Glory be to the Father, and to the Son,
And to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
World without end. Amen.*

Please be SEATED

The Epistle | **page 455**

Hebrews 12.22 - 24

A reading from the letter of Paul to the Hebrews.

At the end of the reading This is the word of the Lord.

All Thanks be to God.

All STAND and join in singing

As pants the hart

Gradual Hymn | **# 367**

Tune: MARTYRDOM

The Gospel of Christ | **Page 455**

St. John 6. 1 - 14

All **Praise to you Lord Jesus Christ
King of endless glory.**

The Lord is a great God,
O that today you would listen to His voice.
Harden not your hearts.

**Praise to you Lord Jesus Christ
King of endless glory.**

Gospeller The Lord be with you.

All **And with thy spirit.**

Hear the Gospel of our Lord Jesus Christ according to St. John.

Glory to you, O Lord.

At the end of the Gospel:

The Gospeller This is the Gospel of Jesus Christ.

All **Praise to you, O Christ.**

Remain STANDING for the Creed, all reciting together

The Nicene Creed | **Page 354**

Sermon

The Revd Avinash Rangayya

Distribution of Posies

After the posies of flowers are distributed, while seated all say

**Father in heaven,
bless all mothers
and those who look after us in our daily lives.
Make us grateful for their goodness
and thankful for their care.
Help us to respond to them in loving obedience;
following the example of Jesus, your Son, our Lord.
Amen.**



Liturgy of the Sacrament

All STAND

The Peace

The Celebrant offers a greeting of peace

Celebrant

Through the prophet Isaiah, God says, 'As a mother comforts her child, so I will comfort you.'
The peace of the Lord be always with you.

All

and also with you.

While remaining in your place, share the sign of peace with a namaste with your neighbour.

Preparation of the Table

*At this time an offering will be received for the ministries of the Cathedral.
Thank you for your generosity.*

All join in singing

Hymn at the Offertory | # 573

I hear Thy welcome voice

Tune: I HEAR THY WELCOME VOICE

All say

Please be seated

Lent Prose

Refrain (all)

Hear us, O Lord, have mercy upon us:

Sins oft committed now we lay before Thee with true
contrition, now no more we veil them:
grant us, Redeemer, loving absolution.

arr. John Scott (1956 - 2015)

Kneel as able or remain seated

The Prayers of the People

Intercessor

We thank God for giving us others to share in our lives:
For parents, and the love which brought us to birth:
We praise you, O Lord;

All

and bring you thanks today.

For mothers who have cherished and nurtured us:
We praise you, O Lord;

and bring you thanks today.

For fathers who have loved and supported us,
We praise you, O Lord;

and bring you thanks today.

For brothers and sisters with whom we have shared our
home: We praise you, O Lord;

and bring you thanks today.

For children and their parents:

We praise you, O Lord;

and bring you thanks today.

For other relatives and friends, who have been with us in
our hopes and joys and times of sadness:

We praise you, O Lord;

and bring you thanks today.

For all who first spoke to us of Jesus, and have drawn us
into the family of our Father in heaven:

We praise you, O Lord;

and bring you thanks today.

Help us to live as those who belong to one another,
and to you, our Father, now and always.

Amen.

All sing the Trisagion

**Holy God,
holy and strong,
holy and immortal,
have mercy upon us.**

The Preparation for Communion | *page 361*

The Consecration | *page 363*

Sanctus

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your glory,
Hosanna in the highest.**

Benedictus

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

The Communion | *page 368*

Agnus Dei

**Jesus, Lamb of God, have mercy on us,
Jesus, bearer of our sins, have mercy on us,
Jesus, redeemer of the world, grant us peace.**

Proceed to the High Altar for receiving Communion

While seated, we sing

Hymn at the Communion

**Lord of all hopefulness, Lord of all joy,
Whose trust, ever childlike, no cares could destroy,
Be there at our waking, and give us, we pray,
Your bliss in our hearts, Lord,
At the break of the day.**

² **Lord of all eagerness, Lord of all faith,
Whose strong hands were skilled at the plane and the lathe,
Be there at our labours and give us, we pray,
Your strength in our hearts, Lord,
At the noon of the day.**

Continued

³ **Lord of all kindness, Lord of all grace,
Your hands swift to welcome, Your arms to embrace.
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord,
At the eve of the day.**

⁴ **Lord of all gentleness, Lord of all calm,
Whose voice is contentment, whose presence is balm,
Be there at our sleeping, and give us, we pray,
Your peace in our hearts, Lord,
At the end of the day.**

Words: Jan Struther (1901 - 1953)

Tune: SLANE

All **STAND** and say

Prayer after Communion

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Blessing *The Presbyter*

May God, who gave birth to all creation, bless you:
May God, who became incarnate by an earthly mother, bless you:
May God, who broods as a mother over her children, bless you
and the blessing of God almighty,
† the Father, the Son and the Holy Spirit,
be among you and remain with you always. **Amen.**

All join in singing

Hymn at the Closing | # 533

Now thank we all our God

Tune: NUN DANKET

Dismissal

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

Remain standing as the procession makes its way to the West Door

Postlude

Choral Song Samuel Sebastian Wesley (1810 - 1876)

Birthdays

“Upon you I have leaned from before my birth; you are He who took me from my mother’s womb. My praise is continually of you.”

Psalm 71:6

Rebecca Roberts (11), Annie Thomas (22), Jeffry Frazer (24), Malathy Samuel (25), Omana Mathew (25), Yohan Pastala Gupte (25)

Lenten Bible Study and Devotion schedule

Daily (all 40 days of Lent) 6am to 6.30 am online ... Dawn prayer

Wednesdays 7pm online ... Bible study
Zoom ID 229 239 2476 “Transformed lives”
Passcode 123456

Fridays 7pm ... House prayer meetings



“The Cross of Christ”

A Lenten devotion on the Passion of the Holy Redeemer in scripture, verse and music.

Saturday 1st April 2023
6.30 pm

All are welcome

Holy Week Reflections

Wednesday 5th April 2023 • 7pm

Music will feature Bach’s chorale preludes for Lent & Passiontide with readings from the Bible and much-loved poetry.

† **THE WORLD** 13th March marked the tenth anniversary of the Commonwealth Charter. We rejoice in the eager desire expressed there to build and sustain shared values and to have concern for the vulnerable. • We pray for unity in the Orthodox Church in Ethiopia, following a rift brought about by the bishops, and for an end to violence between supporters and antagonists. • We pray for much needed shelter and food for those impacted by the Turkey-Syria earthquake, and we ask that in the despair felt by all, God will bring hope and people will seek him.

† **OUR COUNTRY** Every year since 1993, World Water Day (22nd March) raises awareness and inspires action to tackle the water and sanitation crises. Pray for access to clean drinking water for all.

† **THE WORLDWIDE CHURCH** Benedict, the patron saint of Europe and of students, is commemorated on 21st March. He is often called the founder of Western Christian monasticism. Pray for all monastic communities who live by the Benedictine Rule. • On the day of the Anunciation of Mary (25th March), with the Church universal we express thanksgiving that the Word of God took our human nature through Mary • 13th March marked the tenth anniversary of the papacy of Pope Francis. We pray for greater ecumenical dialogue between church denominations and thank God for the work of the Anglican Centre in Rome which works at improving relations between the Anglican Communion and the Roman Catholic Church. • In the *Anglican Communion* for the Anglican Church of Southern Africa and the Most Revd Dr. Thabo Makgoba.

† **THE CHURCH IN INDIA** • The Diocese of Chotanagpur and the Rt Revd B. B. Baskey. • The Diocese of South Kerala and the Most Revd Dharmaraj Rasalam (*current Moderator of the Church of South India*).

† **THE DIOCESE OF BOMBAY** This week for St. Peter's Church (Tamil Pastorate) and the Revd. Ananda Maharajan. • Pray for the guidance of the Holy Spirit in providing a Bishop for our Diocese.

† **OUR CATHEDRAL** For the children of the Sunday school and their teachers. • For God's comforting presence with all senior citizens and their care providers.

ST. THOMAS' CATHEDRAL

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Contact the Presbyter for pastoral visits and administering Communion to the house-bound.

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