

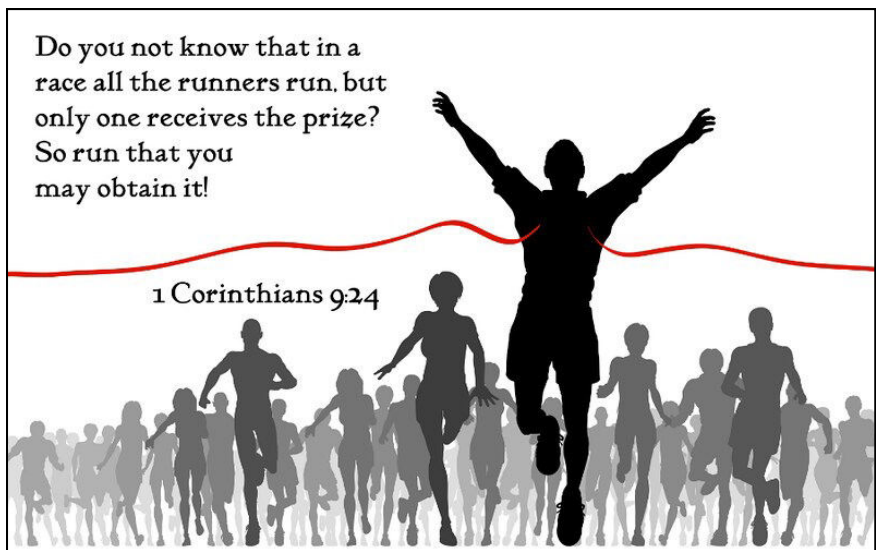


St. Thomas' CATHEDRAL

*Mumbai • Estd 1718
The Church of North India*

A member of the worldwide Anglican Communion

The Order of Service *for Holy Eucharist*



The Third Sunday before Lent

Sunday 5th February 2023 • 8.45 am

Welcome to St Thomas' Cathedral for this service

"Focus on the Finish Line"

Reflections on I Corinthians 9: 24 - 27

In the Epistle set for today, Paul says, "In a race all runners run, but only one gets the prize... [so] run in such a way to get the prize." (*1 Corinthians 9:24*) These words remind us of the words of Jesus – that many are called but few are chosen (*Matthew 22:14*).

Paul reminds us that "Everyone who competes in the games goes into strict training" (v. 25). The serious athlete engages in all-consuming preparation for completion; preparation which is relentless, focused, determined and intentional.

The Christian life is not a sprint; rather, it is a marathon. There are times when we become discouraged and tired. At such times "He gives strength to the weary and increases the power of the weak... those who hope in the Lord will renew their strength... they will run and not grow weary, they will walk and not be faint." (*Isaiah 40:29-31*) So, run dear Christians and "Focus on the Finish Line!"

Pre-Lenten Season

* * *

As the Church moves through the Christian Year from Epiphany to Lent she passes through three Sundays, which hold strange titles for modern ears: Septuagesima, Sexagesima, and Quinquagesima are in fact three Latin words which indicate how far away we are from Easter – that is, 70, 60 and 50 days respectively. From the 5th century these Sundays emerged as a preparatory cycle for Lent

Do not leave this service booklet behind. Take it home with you to reflect on the prayers and readings and as a reminder of your visit.



This order of service is printed on sustainably-produced paper. Worship material has been drawn from the Book of Common Prayer; and <https://www.churchofengland.org>. Some material in this service is copyright: Common Worship © 2000 The Archbishops' Council and Common Worship. Reflections are sourced from <https://holycrosslutheran.net>

Bank details to make your online offering and payment of subscription.

Name: Society of St Thomas' Cathedral

Account no.: 917010054452406

IFSC code: UTIB0000004

Bank: Axis Bank Ltd

Branch: Fort, Mumbai - 400 001

Order of Service

The congregation is asked to join in all text printed in **bold**.

The Gathering

Music before the Service

Prelude and Fugue in G Mendelssohn, Op. 37 No. 2 (1809 - 1847)

Welcome

All keep silence and prepare for worship

Introit
sung by the choir

The spacious firmament on high,
With all the blue ethereal sky,
And spangled heavens a shining frame,
Their great original proclaim.
The unwearied sun, from day to day,
Does his Creator's powers display,
And publishes to every land
The work of an Almighty Hand.

Words: Joseph Addison (1672 - 1719)

Music: Joseph Haydn (1732 - 1809)
from "The Creation"

All STAND

Opening Responses

led by the Presbyter from the West Door

*Presbyter
All*

In the beginning God created all things
and God saw that they were good.
At our beginning, God created us
loved and wanted by God,
Lord God, King of Creation,
open our eyes to see your presence,
ever here in your creation,
and ever beyond it in eternity.
Amen.

All sing

Hymn at the Procession | # 466

O worship the King

Tune: HANOVER

Please be **seated**

Follow the readings and the Order of Service for the Lord's Supper in **The Book of Common Prayer** (refer page numbers).
The hymns can be found in **The English Hymnal**.

All say together

The Collect for Purity | **page 350**

The Liturgy of the Word

The Collect for the day | **page 438**

Read by the Presbyter

Old Testament Reading | **page 438**

Genesis 1: 1 - 5

A reading from the Book of Genesis.

At the end of the reading This is the word of the Lord.

All Thanks be to God.

Psalm

Sung by the choir to a chant by Hayes.

Psalm 30 verses 1 - 5 & 13 • *Exaltabo te, Domine*

I WILL magnify thee, O Lord, for thou hast set me up : and not made my foes to triumph over me.

² O Lord my God, I cried unto thee : and thou hast healed me.

- ³ Thou, Lord, hast brought my soul out of hell : thou hast kept my life from them that go down to the pit.
- ⁴ Sing praises unto the Lord, O ye saints of his : and give thanks unto him for a remembrance of his holiness.
- ⁵ For his wrath endureth but the twinkling of an eye, and in his pleasure is life : heaviness may endure for a night, but joy cometh in the morning.
- ¹³ Therefore shall every good man sing of thy praise without ceasing : O my God, I will give thanks unto thee for ever.

All STAND *Glory be to the Father, and to the Son,
And to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
World without end. Amen.*

Please be SEATED

The Epistle | **page 438**

I Corinthians 9: 24 - 27

A reading from the First Letter of Paul to the Corinthians.

At the end of the reading This is the word of the Lord.
All Thanks be to God.

All STAND and join in singing

Gradual Hymn | **# 485**

Teach me, my God and King

Tune: SANDYS

The Gospel of Christ | **page 439**

St. Matthew 20: 1 - 16

Alleluia, alleluia, alleuia.

“So the last will be first, and the first will be last.” Jesus said.

“Whatsoever is right I will give you.” *(Matthew 20)*

Alleluia, alleluia, alleuia.

Gospeller The Lord be with you.
All **And with thy spirit.**

Hear the Gospel of our Lord Jesus Christ according to St. Matthew.

Glory be to Thee, O Lord.

At the end of the Gospel:

The Gospeller This is the Gospel of Jesus Christ.

All **Praise be to Thee, O Christ.**

Remain STANDING for the Creed, all reciting together

The Nicene Creed | Page 354

Sermon

The Revd Avinash Rangayya

Announcements

The Liturgy of the Sacrament

All STAND

The Peace

The Celebrant offers a greeting of peace

Celebrant We are all one in Christ Jesus.
We belong to him through faith,
heirs of the promise of the Spirit of peace.
The peace of the Lord be always with you.

All **and also with you.**

While remaining in your place, share the sign of peace with a namaste with your neighbour.

Preparation of the Table

At this time an offering will be received for the ministries of the Cathedral.

Thank you for your generosity.

All join in singing

Hymn at the Offertory

**O Lord my God, when I in awesome wonder,
Consider all the worlds Thy hands have made;
I see the stars, I hear the rolling thunder,
Thy power throughout the universe displayed.**

Refrain

**Then sings my soul, my Saviour God, to Thee:
How great Thou art, how great Thou art!
Then sings my soul, my Saviour God, to Thee:
How great Thou art, how great Thou art!**

**²When through the woods and forest glades I wander
And hear the birds sing sweetly in the trees,
When I look down from lofty mountain grandeur,
And hear the brook and feel the gentle breeze.**

**³And when I think that God, His Son not sparing,
Sent Him to die, I scarce can take it in,
That on the cross, my burden gladly bearing,
He bled and died to take away my sin.**

**⁴When Christ shall come with shout of acclamation
And take me home, what joy shall fill my heart!
Then I shall bow in humble adoration,
And there proclaim, my God, how great Thou art.**

Words: Carl Boberg (1859 - 1940)

Tune: Swedish folk melody
(arr. Stuart Hine)

All say

Offertory Prayer | **page 357**

Please be seated

While seated, all sing

Invocation

**Sweet hour of prayer, sweet hour of prayer,
That calls me from a world of care,
And bids me at my Father's throne
Make all my wants and wishes known;
In seasons of distress and grief,
My soul has often found relief,
And oft escaped the tempter's snare,
By thy return, sweet hour of prayer.**

Words: William Walford (1772 - 1850)

Music: William Bradbury (1816 - 1868)

The Intercession | *page 358*

The Preparation for Communion | *page 361*

The Consecration | *page 363*

The Communion | *page 368*

While seated, we sing

Hymn at the Communion | **# 315**

Jesu, gentlest Saviour

Tunes: EUDOXIA & CASWALL

The Thanksgiving | *page 371*

All STAND and sing

Gloria in Excelsis

The Presbyter

The Blessing

The peace of God,
which passeth all understanding,
keep your hearts and minds in the knowledge and love of God,
and of His Son Jesus Christ our Lord:
† And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All sing **Amen.**

All join in singing

Hymn at the Closing | **# 587**

All things bright and beautiful

Tune: ROYAL OAK

Dismissal

From the West Door the Presbyter says

Go in peace to love and serve the Lord.

All In the name of **Christ. Amen.**

Postlude

Choral song S. S. Wesley (1810 - 76)

Birthdays this week

"For through wisdom your days will be many, and years will be added to your life."

Proverbs 9:11

Valentina Mathew (6), Dinesh Sathia Raj (6),
Lena Khan (9), Rebekah Paul (11)

Wedding Anniversary

*"Therefore encourage one another and build each other up,
just as in fact you are doing."*

1 Thessalonians 5:11

Sonal & Sanjay Parmar (10), Ann & Raj Iype (11)

*The flowers in the Sanctuary this morning
are placed in loving memory of David Robert
by his sisters
Hephzibah, Ruth and Monica.*



- The Presbyter will be out of town on 17th and 18th of this month. For pastoral care please contact the Revd Arpana Rangayya.
- Lent this year begins with **Ash Wednesday** on 22nd February. There will be two services: 7am - Eucharist (*said*) and 6.30pm - Eucharist (*choral*). There will be imposition of ashes at both the services.
- Details of Bible study and other services and activities during Lent will be circulated shortly.
- Assistance is required for recording the services and uploading this on the Cathedral's YouTube channel, so that the Cathedral's ministry to our online congregation can continue. Please approach the Presbyter if you can help in this way.
- The Cathedral choir is in urgent need of singers. If you are interested, please drop in for practice after service.

Septuagesima

Liturgical Trivia

Septuagesima means 'seventieth' in Latin and it makes less than seventy days before Easter.

Spiritually, the seventy days from Septuagesima to Easter represent our exile from God. In his work on the Liturgical Year, Dom Gueranger explains the Scriptural contrast between Jerusalem and Babylon.

*Babylon is the image of this world of sin,
in the midst whereof the Christian has to spend his years of probation;
Jerusalem is the heavenly country, where he is to repose after all his trials.*

Following the liturgical changes of the 1960s, the Church did away from the ancient season of Septuagesima. This was to avoid confusion because it often seemed like Lent – the priest wore purple, the alleluia was forbidden. The focus turned to the journey to Calvary. This revision returns Lent to its original unity and significance.

Septuagesima was regarded as a beginning, and so, in monasteries, the readings began from Genesis.

Pray with us

- † **THE WORLD** Continue to pray for those places in the world experiencing conflict and for all displaced from their homes.
- † **OUR COUNTRY** For the most vulnerable in our society and for all NGOs working toward providing a better future for them.
- † **THE WORLDWIDE CHURCH** Today the Church worldwide remembers the martyrs of Japan. They were Christians who were persecuted for their faith in Japan, mostly during the 17th century. On February 5, 1597, twenty-six Christians—six European Franciscan missionaries, three Japanese Jesuits and seventeen Japanese laymen including three young boys—were executed by crucifixion in Nagasaki. • Thanksgiving for the ministry of Titus *Evangelist, companion of Paul* (commemorated 6th February.) • In the *Anglican Communion* for The Church in Papua New Guinea and the Rt Revd Nathan Ingen.
- † **THE CHURCH IN INDIA** We thank God for the ministry of the 19th century priest and poet, Narayan Tilak (commemorated 10th February). Tilak was baptised in 1895. Hymns written by him are much-loved by Marathi speaking congregations. • The Diocese of the Andaman and Nicobar Islands and the Rt Revd Christopher Paul. • The Diocese of South Karnataka.
- † **THE DIOCESE OF BOMBAY** This week for St Andrew's Church (Tamil congregation), Kandivili and the Revd Jebamani . Pray for the guidance of the Holy Spirit in providing leadership to our Diocese.
- † **OUR CATHEDRAL** For all those in our families who are working away from home. • For God's comforting presence with all senior citizens and their care providers. • For all pupils preparing for their public examinations.

Lives of notable Christians

Narayan Vaman Tilak, *baptised 1895*
Commemorated 10th February

Narayan Vaman Tilak was a renowned Marathi poet and a social reformer. He is loved throughout Maharashtra as “*the poet of children and flowers*”. He was born Karajgaon village in Ratnagiri. Tilak was disappointed with the caste system. He was drawn to the teachings of the Gospels and after a series of life changing events he decided to be a follower of Jesus Christ in 1895. Tilak introduced using “*Bhajans*” and “*Kirtan*” in to the Marathi church enriching their devotional life by the art form familiar to them. Tilak mostly lived in the town of Ahmadnagar and served the Church as a preacher for about 24 years, until his death in 1919. In Ahmednagar he founded the Marathi magazine *Dnyanodaya* which is still being issued today.

*Heart and mind, possessions, Lord,
I offer unto Thee;
All these were Thine, Lord;
Thou didst give them all to me.
Wondrous are Thy doings unto me.
Plans and my thoughts and everything I ever do
Are dependent on Thy will and love alone.
I commit my spirit unto Thee.*

*Heart and mind, possessions, Lord,
I offer unto Thee;
Thou art the Way, the Truth;
Thou art the Life.
Sinful, I commit myself unto Thee.
Jesus Christ is filling all the heart of me.
He can give me victory o'er all that threatens me.
Jesus Christ is filling all my heart.*

By Narayan Vaman Tilak, 1862-1919

ST. THOMAS' CATHEDRAL

3 Veer Nariman Road, Fort, Mumbai – 400 001

Presbyter-In-Charge: The Revd. Avinash T. Rangayya

Telephone: (Vestry) **2283 9783**, (R) **2207 1275**, **98207 50090**

Contact the Presbyter for pastoral visits and administering Communion to the house-bound.

FOR PRIVATE CIRCULATION ONLY. PLEASE SHARE THIS SERVICE BOOKLET WITH A FRIEND.

Website <http://stthomascathedralmumbai.com>

Subscribe to the Cathedral's YouTube channel