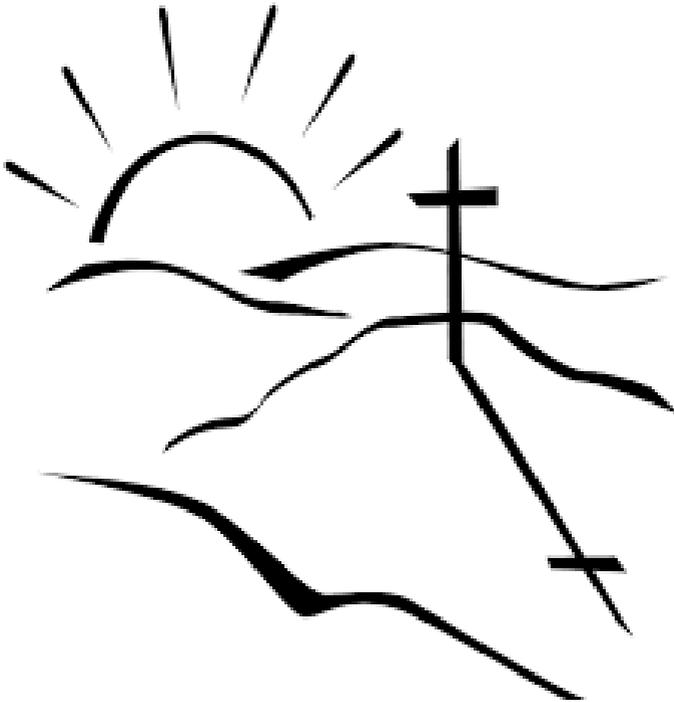




St. Thomas'
CATHEDRAL

*Mumbai • Estd 1718
The Church of North India*

A member of the worldwide Anglican Communion



Holy Eucharist
The Third Sunday in Lent
Sunday 20th March 2022 • 8.45 am

Welcome to St Thomas' Cathedral for this service

Separating light from darkness in our souls

Reflections on Ephesians 5

We are continuing our Lenten journey to Jerusalem, following Jesus to his Passion and death upon the Cross. We participate in that journey to Jerusalem, in His passion, in our way, by daily putting to death sin and rising up in righteousness. It is a journey of dying that leads to new life.

And as we make that journey there is a kind of intensification of the battle between light and darkness, between good and evil. And today, the readings focus on that battle as that is found in our own souls.

We are to take care not to follow every inclination of our fallen nature. As one preacher has said, "The virtue of the soul is not a matter of free self-expression: it is a matter of humility and obedience. We need the grace of humility to see that our likes and dislikes are not the standard of good and evil. Nor is human calculation any final standard. It is the 'finger of God,' it is the Word of God that casts out the devils and liberates the soul. Therefore, Christian life must be life lived in attentive obedience to that word."

Jesus concludes today's Gospel saying, *Blessed are those who hear the word of God and keep it.* We hear the Word of God and we seek to be obedient to it. This is our sanctification, and without that sanctification, we will not have our eyes cleared away to see God.

This morning we now have the opportunity to confess the vices we battle with, and our failings, and to be forgiven by God. But Holy Communion is not only about the assurance of forgiveness, it also about an infilling of our souls with Christ, with virtuous desires, with Love. It is only by that infilling that we can...

*Walk in love, as Christ loved us and gave himself up for us,
[and be] a fragrant offering and sacrifice to God.*

Amen.

*Follow the readings and the Order of Service for the Lord's Supper in **The Book of Common Prayer** (refer page numbers).*

*Hymns can be found in the **English Hymnal**.*

For your safety please respect others and give one another space.



Please use **face covering** at all times during the service.



Please use **hand sanitiser** on the way in and out.



Please **take this order of service with you**
to reflect on the prayers and readings and as a reminder of your visit.

Order of Service

The congregation is asked to join in all text printed in **bold**.

The Gathering

Voluntary

Improvisation on, *Lattimer* (This little light of mine)

Charles Callahan (b. 1951)

Liebster Jesu, wir sind hier
(Blessed Jesus, at your word)

J. S. Bach, BWV 731 (1685 - 1750)

Welcome

All keep silence and prepare for worship.

*All **STAND** and sing.*

The Trisagion

**Holy God,
holy and strong,
holy and immortal,
have mercy upon us.**

Opening Prayer

All **Gracious God, who created us in God's own image,
grant us the power and the courage
to come out of the darkness
and into the light of Jesus Christ,
that we may serve you by serving others.
We love you with all our heart, soul, mind,
and strength.
Amen.**

All join in singing the hymn at the procession.

Hymn at the Procession

**I am Thine, O Lord, I have heard Thy voice,
And it told Thy love to me;
But I long to rise in the arms of faith,
And be closer drawn to Thee.**

*Draw me nearer, nearer, blessèd Lord,
To the cross where Thou hast died;
Draw me nearer, nearer, nearer blessèd Lord,
To Thy precious, bleeding side.*

**² Consecrate me now to Thy service, Lord,
By the power of grace divine;
Let my soul look up with a steadfast hope,
And my will be lost in Thine.**

**³ Oh, the pure delight of a single hour
That before Thy throne I spend,
When I kneel in prayer, and with Thee, my God,
I commune as friend with friend!**

**⁴ There are depths of love that I cannot know
Till I cross the narrow sea;
There are heights of joy that I may not reach
Till I rest in peace with Thee.**

Words: Frances Crosby (1820 - 1915)

Tune: I AM THINE
William Doane (1832 - 1915)

Please be SEATED.

Prayers of Penitence & Absolution

The presbyter invites the people to confess their sins.

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion, and
acknowledge our transgressions in penitence and faith.

Silence is kept.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

All sing.

Kyrie eleison.	<i>Lord, have mercy upon us</i>
Christe eleison.	<i>Christ, have mercy upon us.</i>
Kyrie eleison.	<i>Lord, have mercy upon us</i>

From the liturgy of the Russian Orthodox Church

Presbyter

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All

Amen.

The Liturgy of the Word

The Collects for the Day | **Page 451 & Page 445**

Read by the Presbyter

Old Testament Reading | **Page 452**

A reading from the Book of Numbers 22. 21 - 31

At the conclusion of the reading:

This is the word of the Lord.

All Thanks be to God.

Psalm

Sung by the cantors to a chant by Henley

Psalm 35 verses 1 - 4, 9 & 10 • *Judica, Domine*

Plead thou my cause, O Lord, with them that strive with me : and fight thou against them that fight against me.

² Lay hand upon the shield and buckler : and stand up to help me.

³ Bring forth the spear, and stop the way against them that persecute me : say unto my soul, I am thy salvation.

⁴ Let them be confounded and put to shame, that seek after my soul : let them be turned back and brought to confusion, that imagine mischief for me.

⁹ And, my soul, be joyful in the Lord : it shall rejoice in his salvation.

¹⁰ All my bones shall say, Lord, who is like unto thee, who deliverest the poor from him that is too strong for him : yea, the poor, and him that is in misery, from him that spoileth him?

All STAND. *Glory be to the Father, and to the Son,
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be:
world without end. Amen.*

Please be SEATED.

The Epistle | Page 453

A reading from the letter of Paul to the Ephesians 5. 1 - 14

At the conclusion of the reading:

This is the word of the Lord.

All Thanks be to God.

All STAND and join in singing the gradual hymn.

Gradual Hymn | # 385

Father, hear the prayer we offer

Tune: SUSSEX

The Gospel of Christ | Page 453

**All Praise to you Lord Jesus Christ
King of endless glory.**

One does not live on bread alone,
but on every word that comes forth
from the mouth of God.

The Gospeller
All

The Lord be with you
and also with you.
Hear the Gospel of our Lord Jesus Christ according to
St. Luke 11. 14 - 28
Glory be to Thee, O Lord.

At the end of the Gospel:

The Gospeller
All

This is the Gospel of Jesus Christ.
Praise be to Thee, O Christ.

All sing

**There is power, power, wonder working power
In the blood of the Lamb;
There is power, power wonder working power
In the precious blood of the Lamb.**

Lewis Jones (1865 - 1936)

*Remain **STANDING** for the Creed, all reciting together.*

The Nicene Creed | **Page 354**

*Please be **SEATED**.*

Sermon
The Revd Avinash Rangayya

The Liturgy of the Sacrament

*All **STAND**.*

The Peace

The Celebrant offers a greeting of peace.

Christ has reconciled us to God in one body by the Cross.
We meet in his name and share his peace.
The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

While remaining in your place, share the sign of peace with a namaste with your neighbour.

*At this time an offering will be received for the ministries of the Cathedral.
Thank you for your generosity. All join in singing the hymn.*

Preparation of the Table

Hymn at the Offertory | # 484

Take up thy cross, the Saviour said

Tune: BRESLAU

All say

Offertory Prayer | page 357

Please be SEATED.

Lent Prose

Refrain (all)

**Hear us, O Lord, have mercy upon us:
For we have sinned against Thee.**

Cantors

God we implore thee, in Thy glory seated: Bow down and
hearken to Thy weeping children: Pity and pardon all our
grievous trespasses.

arr. John Scott (1956 - 2015)

The Prayers of the People

Kneel as able or remain seated.

Intercessor

We pray to the Lord for courage to give up other things
and to give ourselves to him this Lent.

Give your Church the courage
to give up her preoccupation with herself
and to give more time to your mission in the world.
Lord, meet us in the silence,

All

give us strength and hear our prayer.

We pray for the ministry of Prem Chand our Moderator,
Dharmaraj the Moderator of the *Church of South India*,
Theodosius Mar Thoma the Metropolitan of the *Mar Thoma
Church*, Prakash our Bishop, Avinash our Presbyter and
Deacon Paul. Lord, meet us in the silence,
give us strength and hear our prayer.

Give your world the courage
to give up war, bitterness and hatred,
and to seek peace. We pray for an end to the conflict
between Ukraine and Russia.
May the shoulders of the risen Jesus,
once scourged by soldiers,
bear the burden of political and military conflict in our
world. Lord, meet us in the silence,
give us strength and hear our prayer.
Give us the courage to give up quarrels, strife and
jealousy in our families, neighbourhoods and communities.
May the presence of the risen Jesus,
his body once broken and now made whole,
bring peace and direction as we live with one another.
Lord, meet us in the silence,
give us strength and hear our prayer.
Give us the courage
to give up our selfishness as we live for others,
and to give time, care and comfort to the sick.
We pray for God's healing hand on those in our
congregation who are unwell and those recuperating.
May the wounded hands of Jesus bring his healing touch,
and the light of his presence fill their rooms.
Lord, meet us in the silence,
give us strength and hear our prayer.
Give us the courage to give up our fear of death
And to rejoice with those who have died in faith.
May the feet of the risen Lord Jesus, once nailed to the
cross, walk alongside the dying and bereaved in their
agony, and walk with us and all your Church
through death to the gate of glory.
Lord, meet us in the silence,
**give us strength and hear our prayer,
here and in eternity. Amen.**

The Consecration | **Page 363**

The Communion | **Page 368**

*Communicants are requested to leave space on either side of them
when they receive Communion.*

During the administration of Communion, the cantors sing.

Motet

Jesu, Word of God Incarnate,
of the Virgin Mary born,
on the Cross Thy sacred Body
for us men with nails was torn.

Cleanse us, by the blood and water
streaming from Thy pierced side;
feed us with Thy Body broken,
now and in death's agony!

O Jesu, hear us, Son of Mary.

Edward Elgar, Op. 2 No. 1 (1857 - 1934)

All STAND and say.

Prayer after Communion

Presbyter

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.

All

Amen.

We thank you Lord, that you have fed us in this sacrament, united us with Christ, and given us a foretaste of the heavenly banquet prepared for all peoples.

Amen.

The Blessing

The Presbyter

Be imitators of God as dearly loved children
and live a life of love, just as Christ loved us
and gave himself up for us as a fragrant offering and sacrifice to God.

And the blessing of God almighty,
† the Father, the Son and the Holy Spirit,
be among you and remain with you always.

Amen.

All join in singing the hymn at the closing.

Hymn at the Closing | # 397

Guide me, O thou great Redeemer

Tune: CWM RHONDDA

Dismissal

From the West Door the Presbyter says

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

Postlude

Allegro con fuoco

Gustav Merkel, *Op. 134 No. 6* (1827 - 1885)

Birthdays this Week

May God bless you abundantly.

Annie Thomas (22), Jeffry Frazer (24),
Malathy Samuel (25), Omana Mathew (25), Yohan Gupte (25)

Prayer Requests & Announcements

Your prayers are requested for

- † all who are unwell in our congregation, and all senior citizens.
- † the Sunday school children and teachers. We give thanks to God that Sunday school has resumed.
- † the many who have been displaced from their homes in Ukraine; for lasting peace; for relief agencies and for the many who have taken in refugees into their homes.
- † in the Diocese, Jubilee Marathi Church and the Revd Nitin Dethé.
- † the *Church of North India's* Diocese of North East India and the Rt Revd. Michael Herenz.
- † the *Church of South India's* Diocese of Vellore and the Rt Revd Sharma Nithiyanandam.
- † in the *Anglican Communion*, the Church in Mexico and the Rt Revd Enrique Cruz.
- Next Sunday (27th March) is **Mothering Sunday**. Mrs. Leigh Fisher will preach. Leigh is a qualified teacher, teacher trainer and education manager with a track record of social and community achievement. She is actively involved in her home parish of St Jude's, Melbourne. Leigh has been a Sunday school teacher, led worship teams and training programmes for mission and leadership for women in various churches in the UK. Her husband, Geoffrey Fisher (the grandson of a former Archbishop of Canterbury!) is the Head of B.D. Somani International School. They worship at the Afghan Church in Colaba.

Mid week Eucharist during Lent
Wednesday 7.30 am

Bank details to make your online offering and payment of subscription.

Name: Society of St Thomas' Cathedral

Account no.: 917010054452406

IFSC code: UTIB0000004

Bank: Axis Bank Ltd

Branch: Fort, Mumbai - 400 001

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Bible Study on the Sermon on the Mount

Date Friday 25th March 2022 @ 7 pm
Zoom ID 2292392476
Password 123456
Speaker Revd D. Paul Augustine



Revd Augustine is currently serving as the Presbyter in Emmanuel Church, Cooke Town, Bangalore. Having completed his M. Th in the department of communication, he served on the faculty of Union Biblical Seminary, Pune from 1999 to 2006. Revd Augustine has served in both rural and urban parishes in Andhra Pradesh and Karnataka.

Journey to Jerusalem: Lent Talk Series

Date Wednesday 23rd March 2022 @ 7pm
Speaker Dr Michelle Philip
Topic Passiontide and Literature
Zoom ID 2292392476
Password 123456



Dr Michelle Philip is a lecturer in English and Head of the Department of English at Wilson College. A published researcher and public speaker on media literacy with a focus on how human identity is shaped, Michelle has inspired in her students a love for English literature and language. Her podcast *SOUL3* (an acronym for School of Unlimited Life-long Learning), brings the voices of ordinary people with extraordinary stories. *Just Be: A Forty-Day Journey to Self-Discovery* is a workbook Michelle has authored.

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Contact the Presbyter for pastoral visits and administering Communion to the house-bound.

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